



Community Education Service

January 2019 Newsletter

New centre for child and adolescent mental health

(click to view)



Architectural renderings have been revealed for the new centre for child and adolescent mental health, being built in partnership between Alberta Health Services and the Alberta Children's Hospital Foundation.

The three-storey, 3,200-square-metre structure features a program area on each level, including walk-in services, intensive community treatment, and a day hospital.

Follow us on



[communityeducationservice](https://www.instagram.com/communityeducationservice)

CES sessions are FREE and OPEN TO ALL ADULTS

(unless otherwise indicated)

Limited childcare is available for morning sessions held at the
Alberta Children's Hospital

(please call 403 955 2500 at least 3 days prior to the session to reserve a spot)

All sessions are Level 1, unless otherwise indicated, and qualify for ACSW B Level credits.

Wednesday January 23

11:00 AM - 12:30 PM

Alberta Children's Hospital
Kinsmen Learning Centre (4th floor)
2888 Shaganappi Trail NW, Calgary

Schizophrenia Society of Alberta - Community Education Presentation 🧑🏻‍🦲🧑🏻‍🦲🧑🏻‍🦲

The Schizophrenia society of Alberta offers community education presentations to educate our community on the disorder, its symptoms and what those living with it experience. These presentations are unique in that the program presenters are living with schizophrenia themselves, they share their personal experiences in order to combat the stigma around the illness, with the goal of creating a more inclusive and educated society.

Thursday January 24

6:30 PM - 8:00 PM

St. Sebastian School
65 Chaparral Dr SE, Calgary

Taming Anxiety Gremlins 🧑🏻‍🦲

Anxiety is at epidemic levels among children and teens. This workshop will promote parent and teachers' understanding of anxiety and teach them how traditional ways of offering help may unwittingly feed into the child's worries and associated behaviours. Participants will learn effective tools to help children manage their anxiety to promote their resilience and overall well-being.

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RECORDED SESSIONS



The following are prerecorded sessions and are presented in the Windows Media Video (WMV) format or MP4.

[Music Therapy and Early Childhood Development](#)

[Adolescent Dating Violence: Prevalence, Correlates, Outcomes and Prevention](#)

[Not falling through the cracks - How Psychoeducational Assessments can help Foster Success!](#)

[Videogaming and Youth](#)

[Laugh Until it Helps: Building Resilience through Humour and Laughter](#)

[Marijuana and Development of the Brain](#)

[Disability Tax Credit and RDSP Workshop](#)

[Identifying Youth at Risk of Psychosis](#)

[Speaking OUT: A Special Report on LGBTQ2S+ Young People in the Child Welfare and Youth Justice Systems](#)

[Restricted Interests in Autism Spectrum Disorder \(ASD\): How do they engage the brain?](#)

[An Overview of Inclusive Post-Secondary Education \(IPSE\): Promoting Higher Learning for Adults with Intellectual Disabilities](#)

[Collaborative Problem Solving Approach for Children, Youth and Families](#)

[Youth Bullying and Discrimination: Let's Make it Stop](#)

PLEASE NOTE:

Attendance Certificates are not available for TH, Audioline, Recorded or Webinar sessions

It is recommended to use your confirmation as proof of registration, a copy of the evaluation you submit, & also a copy of the handout if one was provided.

HOW TO REGISTER

PUBLIC

To attend in person: 🐾

- First time? **Create an account:** <http://community.hmhc.ca/registration/>, then register
- Already have an account? Register: <http://community.hmhc.ca/login/>
- OR call (403) 955-4730 for assistance if you **do not have** computer

To attend via Telehealth TH (aka video-conference) / Audio Line: 📹 📞

Only those sessions marked with the icons above are available as TH or audioline

Click on these icons on the website for more information

To view a Recorded session or Webinar: 📺 📱

See [Website](#) for instructions

AHS Employees

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Only those sessions marked with the icons above are available as TH or audioline

Click on these icons on the website for more information.

Step 1: Book your site using [Eceptionist](#):

Step 2: (Required) Once site has been confirmed, register for the session here:

<http://community.hmhc.ca/login/>

To view a Recorded session or Webinar: 📺 📱

See [Website](#) for instructions

Telehealth/Video-Conference bookings must be made 7 days prior to the session date

All sessions are Level 1 unless otherwise indicated and qualify for ACSW B Level credits