

## Community Education Service FREE ONLINE SESSION



## Collaborative Problem Solving Approach for Children, Youth and Families

Presenters: Dr. T.C.R. Wilkes, Outpatient Section Chief of CAAMHPP, Associate Professor of Department of Psychiatry and Pediatrics and Catherine Lochhead, R.Psych.

Register: <a href="http://community.hmhc.ca/sessions/?p=online">http://community.hmhc.ca/sessions/?p=online</a>

Session available until: November 15, 2019

## Objectives:

- To learn about the difference between triggers/expectations, lagging skills and challenging behaviour.
- 2. To understand the rationale for helping children and youth develop 5 common lagging skills for better adaptation.
- 3. To learn the advantages of collaborative vs. coercive approaches with children and youth.