## **Teens Talk Transition**



Free 3 week workshop designed to help youth (ages 14-18) prepare for the transition from pediatric to adult healthcare in a supportive, fun environment with their peers.

Teens are encouraged to **bring a similar-aged peer for support** (sibling, friend, cousin).

We offer a simultaneous workshop for parents.

WHEN: 3 consecutive Saturdays starting Oct 19, 2019

and ending Nov 2, 2019

**TIME:** 10:00 – Noon

WHERE: Alberta Children's Hospital

**REGISTER:** Contact Deb Thul at 403-955-7252





