

Community Education Service **FREE WEBINAR**



Sexual Health Workshop

Presented by: Heather Cobb, B.Sc., PGCE, AHS

Thursday, November 14, 2019

**6:30 pm - 8:30 pm
(Calgary Time)**

Register: <http://community.hmhc.ca/sessions/?p=online>

For more information: email ces@ahs.ca or call (403) 955-4747

Are you a parent, caregiver or service provider of a child or teen with ASD?

Do you want to learn more about puberty and sexual development, healthy relationships, and personal boundaries? Sexuality is an important part of the overall wellness of all people. This workshop will give you practical tools and strategies to guide your child or teen through puberty and beyond and introduce resources to help build your comfort and skill in working with your child.