

Community Education Service



Sexual Health Workshop

Presented by: Heather Cobb, B.Sc., PGCE, AHS

Thursday, November 14, 2019

6:30 pm - 8:30 pm Sign in: 6:15pm The Ability Hub Child Development Centre 300, 3820 - 24th Avenue NW Session is FREE of charge/
Free parking in Lot 53.

Register: http://community.hmhc.ca/

For more information: email ces@ahs.ca or call (403) 955-4747

Are you a parent, caregiver or service provider of a child or teen with ASD?

Do you want to learn more about puberty and sexual development, healthy relationships, and personal boundaries? Sexuality is an important part of the overall wellness of all people. This workshop will give you practical tools and strategies to guide your child or teen through puberty and beyond and introduce resources to help build your comfort and skill in working with your child.

This session is presented by the Community Education Service of the Child & Adolescent Addiction,
Mental Health & Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with the Sexual and
Reproductive Health Program, AHS and The Sinneave Family Foundation