

## **Community Education Service**



## Obsessive-Compulsive Disorder (OCD) in Children & Adolescents

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OCD occurs in 1 to 2% of the population and symptoms most often emerge in childhood or adolescence. OCD can cause considerable dysfunction at home and at school, yet is frequently under-diagnosed and under-treated. At Alberta Children's Hospital we have developed a multi-disciplinary program which provides evidence-based and family-centred care.

## In this presentation you will learn about:

- How to recognize symptoms of OCD and distinguish it from other common childhood disorders
- Evidence-based treatments including cognitive-behavioural therapy and medication, and
- New research into better understanding causes and treatments of OCD

## FREE Online Session

Available until March 31, 2020

Register