

# Community Education Service FREE ONLINE SESSION



## Collaborative Problem Solving Approach for Children, Youth and Families

Presenters: Dr. T.C.R. Wilkes, Outpatient Section Chief of CAAMHPP,  
Associate Professor of Department of Psychiatry and Pediatrics and  
Catherine Lochhead, R.Psych.

Register: <http://community.hmhc.ca/sessions/?p=online>

Session available until: March 31, 2020

### Objectives:

1. To learn about the difference between triggers/expectations, lagging skills and challenging behaviour.
2. To understand the rationale for helping children and youth develop 5 common lagging skills for better adaptation.
3. To learn the advantages of collaborative vs. coercive approaches with children and youth.