

Community Education Service



Improving emotional health and well being

Seeing through the VAPE

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Given e-cigarette popularity amongst young Canadians there are concerns about the possible adverse health effects, renormalization of smoking and tobacco uptake among youth, and other unforeseen consequences of their use. In this workshop, you will gain knowledge about e-cigarettes and vaping, the impacts of nicotine, appropriate prevention, identifying problematic use and legislation.

Thursday January 23 2020

6:30 - 8:30 PM

Crossing Park School

500 Martindale Blvd NE, Calgary

FREE Learning

Register

<http://community.hmhc.ca/>