

Community Education Service



Improving emotional health and well being

Seeing through the VAPE

Health Promotion Facilitators | Community Health Promotion Services, AHS

Given e-cigarette popularity amongst young Canadians there are concerns about the possible adverse health effects, renormalization of smoking and tobacco uptake among youth, and other unforeseen consequences of their use. In this workshop, you will gain knowledge about e-cigarettes and vaping, the impacts of nicotine, appropriate prevention, identifying problematic use and legislation.

Registration Required

<http://community.hmhc.ca/>

Thursday January 23 2020

**6-7pm - Resource Fair of
Community Services**

**6:30 - 8:30pm - Elementary
Students Fun Activities &
Movie Night**

**7-8:30pm - *Seeing through
the Vape* Presentation**

Crossing Park School

500 Martindale Blvd NE, Calgary