

Community Education Service



Teen Mental Health: Depression

Monica Piros is the Manager of the Community Resource Team of Wood's Homes, and also works as a relief clinician at Eastside Family Centre. She holds a Master's Degree in Social Work from the University of Oklahoma, and is passionate about decreasing the stigma around mental illness, and helping individuals lead meaningful and fulfilling lives.

Adolescent Depression will present parents/caregivers with an overview and trajectory of depressive symptoms, guidance in helping teens identify and manage them, and resources and interventions designed to have a mitigating effect.

Monday February 24, 2020
6:30 - 8:30pm

Dr. EP Scarlett
220 Canterbury Dr SW, Calgary

Registration Required

<http://community.hmhc.ca/>