

Community Education Service

CES

Improving emotional health and well being

ADHD & Executive Functioning

Michelle Dean | MEd., Registered Psychologist

The session will be an overview of ADHD and how issues with impulsivity and/or inattention impact children's ability to manage their environments. The session will also explore the impact ADHD has on Executive Functioning and how it relates to managing everyday tasks, and meeting daily expectations at home and at school, including social, emotional, behavioural and academic demands.

Tuesday, March 10, 2020 6:30 - 8:30 PM East Lake School 325 Kinniburgh Blvd, Chestermere

FREE Learning

<u>Register</u>

community.hmhc.ca//

This session is presented by the Community Education Service of the Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with **RVS, MHCB Stepping Stones to Mental Health.**