

Community Education Service



Improving emotional health and well being

Collaborative Problem Solving Approach for Children, Youth and Families

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Professor, University of Calgary, Department of Psychiatry and Pediatrics

FREE Online Session

Objectives:

1. To learn about the difference between triggers/expectations, lagging skills and challenging behaviour.
2. To understand the rationale for helping children and youth develop 5 common lagging skills for better adaptation.
3. To learn the advantages of collaborative vs. coercive approaches with children and youth.

Session available until: March 31, 2021

[Register](#)

<http://community.hmhc.ca/>

This session is presented by the Community Education Service of the Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with the Department of Psychiatry and Pediatrics, University of Calgary.