

Community Education Service



Improving emotional health and well being

Fostering Hope and Resilience in Times of Uncertainty - Hold on to Your Teen

Vicki Tole CCYC, MHFA Instructor Ashley Cheney, CCYC

Children are now, more than ever, turning to their peers for connection, attachment, and a sense of belonging. Discover why parent/caregiver connections are more important to your child's developmental health than their peer and digital connections. Explore parent attachment and how to increase your guidance as a caregiver during times of this pandemic. Practical tools in building and maintaining positive relationships between child and adult will be shared.

FREE Webinar

Monday, June 22, 2020 1:00 - 3:00 PM

<u>Register</u>

https://community.hmhc.ca/