

Community Education Service



Improving emotional health and well being

The COVID-19 Pandemic: Pedantics and Peculiarities

Join us for a conversation regarding what our first year of navigating a modern-day, worldwide pandemic has taught us so far. Learn more about the impacts of this event on the mental health and wellness of people on personal, and systemic levels, and how COVID-19 has recalibrated, and continues to shape the human psyche.

Monica Piros, BSW, MSW, LMSW, RSW, is a human services specialist and trauma therapist based in Calgary, and is the current Director of Stoney Nakoda Child and Family Services. She is passionate about destigmatizing mental health struggles in our society, and assisting organizations to deliver effective services that are trauma-informed and culturally cognizant.

Tuesday Feb 23 2021 6:30 pm

Click here to register

FREE

online event