

Community Education Service

Improving emotional health and well being



Educating young people about healthy relationships Camryn McCabe, Boys & Girls Club of Airdrie

This 2-part series will address teen dating violence and why it is such an important topic. Healthy boundaries, peer pressure, communication and safety will be highlighted in part 1 for preparation for part 2, which addresses consent.

Part 1 Tues Mar 16 2021 Part 2 Tues Mar 23 2021 6:30 pm

Beneficial for both parents and guardians to watch with their teens to help open the door to meaningful and honest conversations around the challenges of teen dating and the modern world. These conversations can then build a foundation for safe, healthy, and consensual relationships for teens throughout their lives.

Those parents and guardians who choose to watch alone will still gain insightful information and new skills and tools that they can then use to have these difficult conversations about teen dating with their youths. Click here to register for part 1

Click here to register for part 2

This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative Initiatives & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and the **Boys & Girls Club of Airdrie**

CES@ahs.ca http://community.hmhc.ca/ 403 955-4730