

### **Community Education Service**



Improving emotional health and well being

# Starting or changing medication for your child/youth's mental health?

#### An introduction to genotype-guided prescribing

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Genotype-guided prescribing uses a person's genetic information to help find medications that are most likely to be safe and beneficial for them. Some genes make it harder for the body to process certain medications, leading to side effects. Others can cause the body to use up medications too fast and a normal dose may not work. Genotype-guided prescribing can reduce the trial-and-error when selecting mental health medications for children and teenagers.

#### This presentation will:

- Provide an introduction to this emerging approach to prescribing
- Explain who can benefit from it
- Highlight current research examining genotype-guided prescribing

## Wednesday June 9 2021 6:30 pm MST

Click here to register
FREE
online event

This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative Initiatives & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and the University of Calgary & The Mathison Centre for Mental Health Research & Education