

Community Education Service



Fostering Academic Resilience in Elementary and Middle School Children

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6:30 - 8:30 pm

Sign in: 6:15pm

West Ridge School

8903 Wentworth Ave SW, Calgary

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955-4747

For children to be successful in school, they must be resilient to the challenges that appear in their daily lives. Many researchers explore how resilience is important to the functioning of children who survive significant life traumas, but often neglect the everyday stressors that impact the majority of children in our schools and communities. Academic resilience can be described as the ability to overcome situational barriers or stressors that appear in life to achieve academically in school. In this talk, we will identify the components that make children academically resilient and outline the ways that parents and teachers can foster it in their homes and classrooms.