



UNDERSTANDING ISSUES TEENS FACE TODAY

Free education sessions for parents, caregivers, and those who work with teens

Helping Teens Diagnosed with ADD/ADHD Part 1

Led by John Laing, R.Psych. (Prov), Rockyview School Division.

Discover strategies and skills for parents and caregivers of teens with ADD and ADHD.

Date | Thursday, September 28

Time | 6:30pm-8:30pm

Location | Shawnessy Library,
300 - 333 Shawville Blvd SE

To register online: <http://community.hmhc.ca/sessions/?p=in-person>

**If you require more information please contact
Community Education Services at (403) 955-4747**

Courses with low registration will be cancelled.

These sessions are presented by the Community Education Service of Child and Adolescent Addictions and Mental Health Portfolio (CAAMHP) of Alberta Health Services in partnership with South Calgary Health Centre, AHS Women's Health Resources Outreach, and Shawnessy Library