



UNDERSTANDING ISSUES TEENS FACE TODAY

Free education sessions for parents, caregivers, and those who work with teens

Connecting with your Teen

Led by Sharon Cirankewitch, BA CYC, Addiction Counsellor, Youth Addiction Services, Alberta Health Services

Learn how to increase your influence when having difficult conversations with your teen.

Date Tuesday, September 14

Time 6:30pm-8:30pm

Location South Calgary Health Centre,
Room 1001, 31 Sunpark Plaza SE
(Please enter by North entrance)

To register online: <http://community.hmhc.ca/sessions/?p=in-person>

**If you require more information please contact
Community Education Services at (403) 955-7420**

Courses with low registration will be cancelled.

These sessions are presented by the Community Education Service of Child and Adolescent Addictions and Mental Health Portfolio (CAAMHP) of Alberta Health Services in partnership with South Calgary Health Centre, AHS Women's Health Resources Outreach, and Shawnessy Library