

UNDERSTANDING ISSUES TEENS FACE TODAY

Free education sessions for parents, caregivers, and those who work with teens

Videogames & Youth

Led by Robyn Mills, MSc, Community Health Promotion Services, Alberta Health Services

Discover the impact video games have on the emotional wellbeing of youth and their families. Learn about current research, new ideas, and strategies for your home.

Date | Thursday, September 21

Time | 6:30pm-8:30pm

Location | South Calgary Health Centre,
Room 1001, 31 Sunpark Plaza SE
(Please enter by North entrance)

To register online: <http://community.hmhc.ca/sessions/?p=in-person>

**If you require more information please contact
Community Education Service at (403) 955-4747**

Courses with low registration will be cancelled.

These sessions are presented by the Community Education Service of Child and Adolescent Addictions and Mental Health Portfolio (CAAMHP) of Alberta Health Services in partnership with South Calgary Health Centre, AHS Women's Health Resources Outreach, and Shawnessy Library