

# Community Education Service



## Childhood Anxiety: Symptoms, Treatments, and Prevention Strategies

Joel Roos MA, R.Psych., Clinical Director, Cultivate

**Tuesday October 17, 2017**

**7:00 pm - 8:30 pm**

**Sign in: 6:45pm**

**École Good Shepherd School**

**52 Robinson Drive, Okotoks**

**Register: <http://community.hmhc.ca/>**

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955-4747

Participants can expect to learn:

- ◆ Symptoms of anxiety and anxiety disorders and common presentations for children aged 5-12
- ◆ Evidenced-based treatment strategies for treating anxiety
- ◆ Review of emerging practices and research related to prevention and mental wellness

This session is presented by the Community Education Service of the Child & Adolescent Addiction, Mental Health & Psychiatry Program (CAAMHPP) of Alberta Health Services and **Cultivate** and **École Good Shepherd School**