

# Community Education Service



## Childhood Anxiety: Symptoms, Treatments, and Prevention Strategies

Joel Roos MA, R.Psych., Clinical Director, Cultivate

**Thursday September 28, 2017**

**6:30 - 8:00 pm**

**Sign in: 6:15pm**

**Our Lady of the Evergreens School**

**322 Everridge Drive SW**

**Register: <http://community.hmhc.ca/>**

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955-4747

Participants can expect to learn:

- ◆ Symptoms of anxiety and anxiety disorders and common presentations for children aged 5-12
- ◆ Evidenced-based treatment strategies for treating anxiety
- ◆ Review of emerging practices and research related to prevention and mental wellness

This session is presented by the Community Education Service of the Child & Adolescent Addiction, Mental Health & Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with **Cultivate** and **Our Lady of the Evergreens School**