



Community Education Service

The Impact of ADHD on Learning

Presented by: Heidi Bernhardt, RN

Heidi Bernhardt, RN, is a psychiatric nurse by training, mother of three young men with ADHD, and the founder, President and Executive Director of the Centre for ADHD Awareness Canada (CADDAC), a national not-for-profit organization dedicated to awareness, education, and advocacy for ADHD. Heidi also served as the Executive Director of the Canadian ADHD Resource Alliance (CADDRA), a national not-for-profit organization of the leading clinicians and researchers in ADHD in Canada for 6 years. Over the past 24 years, Heidi Bernhardt has helped raise awareness and understanding of ADHD among parents, educators, health care professionals, industry leaders, and government officials through presentations, conferences, media interviews, and advocacy work.

October 12, 2017

6:30 pm - 9:00 pm

Sign in: 6:15pm

Foothills Academy Society

745 37 St NW, Calgary

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955 - 4747

**** Session is FREE of Charge/Parking fees may apply ****

Have you wondered why children with ADHD struggle in the school environment? While ADHD is not a learning disability ADHD can significantly impact a student's ability to learn and impair their academic achievement.

Research on general academic outcomes will be reviewed during this presentation as well as the impact of ADHD symptoms on classroom functioning, typical presentations of ADHD symptoms seen in the classroom and some that may be commonly overlooked will be covered. Typical executive functioning impairments and other cognitive deficits will be discussed in detail. Key elements to assisting your child find success at school will also be covered.

Level 1/2: This session presents an overview of how an individual with ADHD learns and strategies to help them find success at school. This session would best meet the needs of families and/or professionals (including educators) with minimal knowledge of ADHD.

This session is presented by the Community Education Service of the Child & Adolescent Addiction, Mental Health & Psychiatry Program (CAAMHPP) of AHS in partnership with

The Centre for ADHD Awareness Canada (CADDAC).