



Community Education Service

Circle of Security Parenting: Building Secure Attachment

Presenter: Jan McInnis, RSW

November 21, 2017
Session: 11:00 am - 12:30 pm
Sign in: 10:45 am

Alberta Children's Hospital
Kinsmen Learning Centre (4th floor)
2888 Shaganappi Trail NW

Session is **FREE**
of charge/
Parking fees
may apply/
Limited child
care available,
call
(403) 955-2500

****Register: <http://community.hmhc.ca/>****



To request Telehealth/VC or Audioline, **please click on the video or telephone icons above or** next to the session title on the website for more information on how to register.

What does my child need from me?
How can I support my child's independence?
Why do some of my child's behaviours affect me so much?
Can parenting be less stressful?

The Circle of Security Parenting Program answers these and many other parenting questions. It is an attachment based early intervention program designed to enhance attachment security between parents and children. This presentation is designed to give parents an understanding of the goals of the program, help parents to make sense of their child's behaviours, learn strategies to support secure attachment with their children and make parenting less stressful.

Level I: This session presents an overview of how to build a secure attachment with young children, and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child & Adolescent Addictions & Mental Health Portfolio & Psychiatry (CAAMHPP) of Alberta Health Services in partnership with [Circle of Security Parenting](#).