

Community Education Service

Eating Disorders, Body Image, & Youth

Presented by: Dr. Angela Grace, Ph.D., R. Psyc

November 15, 2017

6:30 pm - 8:00 pm

Sign in: 6:15pm

Simon Fraser School - School Library

5215 33 St NW, Calgary

Session is FREE
of charge/
Parking fees
may apply

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955 - 4747

In this workshop, you will learn positive strategies to help youth develop a healthy body image, without focusing on weight. We will address risk factors, protective factors, and approaches to prevention and intervention for youth issues with body image, weight bias, and eating disorders. This workshop is recommended for parents, teachers and other allied adults who work with youth.

Level I: This session presents an overview of body image and youth, and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child & Adolescent Addiction, Mental Health & Psychiatry Program (CAAMHPP) of AHS in partnership with [Dr. Angela Grace](#).