

Community Education Service

Anxiety and its Associated Consequences During Childhood and Adolescence

Victoria Purcell, MSc.

Doctoral Student in School and Applied Child Psychology

Tuesday January 23, 2018

7:00 pm - 9:00 pm

Sign in: 6:45pm

Alberta Children's Hospital

Kinsmen Theatre - 4th floor

2888 Shaganappi Tr NW, Calgary

Session is FREE
of charge/
Parking fees
may apply

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955 - 4747

Among school aged children and youth, fear and anxiety are common emotions. Although many children experience healthy anxiety, some experience disproportionately higher anxiety in relation to their context (e.g., separation anxiety) and/or developmental age. This presentation will explain the nature, cause, and developmental course of anxiety disorders as well as explore the predictive nature of poor social relationships on anxiety symptoms. Information will be provided on how parents and professionals can support children with anxiety.

Level I: This session presents an overview of Anxiety during Childhood and Adolescence and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services.