

# Community Education Service

## National Eating Disorders Awareness Week Special Session on Eating Disorders, Body Image, & Youth

Presented by: Dr. Angela Grace, Ph.D., R. Psyc

**February 2, 2018**

**12:00 pm - 1:30 pm**

**Sign in: 11:45 am**

Alberta Children's Hospital  
Kinsmen Learning Centre (4th floor)  
2888 Shaganappi Trail NW

Session is **FREE**  
of charge/  
Parking fees  
may apply/  
Limited child  
care available,  
call  
(403) 955-2500

Register: <http://community.hmhc.ca/>

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955 - 4747



To request Telehealth/VC or Audioline, please click on the video or telephone icons above or next to the session title on the website for more information on how to register.

In this workshop, you will learn positive strategies to help youth develop a healthy body image, without focusing on weight. We will address risk factors, protective factors, and approaches to prevention and intervention for youth issues with body image, weight bias, and eating disorders. This workshop is recommended for parents, teachers and other allied adults who work with youth.

**Level I:** This session presents an overview of body image and youth, and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child & Adolescent Addiction, Mental Health & Psychiatry Program (CAAMHPP) of AHS in partnership with [Dr. Angela Grace](#).