

# Community Education Service



## Inclusive Recreation for All

Presented by Inclusion Calgary

**Thursday, February 15, 2018**

**Session: 7:00 pm - 9:00 pm**

**Sign in: 6:45 pm**

**Holiday Inn**

**4206 MacLeod Trail SE**

**Register: <http://community.hmhc.ca/>**

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955-4747

All children, youth, and adults benefit from being involved in recreation and leisure activities. Inclusive recreation provides children, youth, and adults with developmental disabilities an opportunity to develop and share their strengths and passions with everyone, just as anyone would. Yet far too many children, youth, and adults with developmental disabilities are not pursuing inclusive recreation, despite recreation providers being open and welcoming.

This session will discuss and provide examples on:

- What is inclusion and why it is important
- How to create a welcoming environment
- What makes inclusion work well
- Building relationships between recreation providers and families
- The role of the recreation provider