

# Community Education Service

## Mental Health Literacy

Presenter: **Tally Nixon.**, Community Health Promotion Facilitator,  
Child and Adolescent Addiction and Mental Health, AHS

**April 17, 2018**

**Session: 6:30 pm - 8:00 pm**

**Sign in: 6:15 pm**

Calgary French and International School  
700 77 Street Southwest, Calgary

Register: <http://community.hmhc.ca/>

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955 - 4747

Session is **FREE**  
of charge/  
Parking fees  
may apply

Mental Health Literacy provides individuals working with youth as well as parents/guardians an understanding of mental health, and the mental disorders that commonly onset during the child and adolescent years. Includes available resources.

**Level I:** This session presents an overview on what mental health literacy is and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child & Adolescent Addiction, Mental Health & Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with Community Health Promotion Services, AHS.