

Community Education Service



"Keeping Busy?" A Reflection for Social Work Week

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Healthy Minds Healthy Children Outreach Services, Alberta Health Services

Monday, March 5, 2018

10:00am -11:00am

Sign in: 9:45am

Alberta Children's Hospital

Kinsmen Learning Centre (4th floor)
2888 Shaganappi Trail NW, Calgary

Session is **FREE** of
charge.
Parking fees may
apply.
Limited child
care available,
call:
(403) 955-2500

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955-4747

Happy Social Work Week! As we begin the week honouring social workers, join social worker and HMHC clinical consultant Katherine Jarrell for a reflection on how we envision success and the implications this has for our work culture and personal choices. Let's consider how our frenetic schedules impact how we relate to children. Katherine will draw on the work of Robert Holden, Kristin Neff and others to encourage those in the helping professions to take pause and consider how we approach our work and play.