

# Community Education Service

## Do you know what to say? How to talk with children and teens about sexuality

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**Tuesday April 17, 2018**

**6:30 pm - 8:30 pm**

**Sign in: 6:15pm**

**Mitford School**

**110 Quigley Drive, Cochrane**

Session is FREE  
of charge/  
Parking fees  
may apply

**Register: <http://community.hmhc.ca/>**

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955 - 4747

Are you ready to answer the questions your kids could ask? In this session, we will explore how to support healthy development by talking to children and teens about sexuality, identify reasons to discuss sexuality in a positive way with children of any age. Participants will gain understanding of child and teen sexual development and behavior and discuss practical strategies about how to support children and youth develop healthy sexuality, boundaries, values.

**Level I:** This session presents an overview of talking to kids about sexuality and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with [RVS](#), [MHCB Stepping Stones to Mental Health](#).