

Community Education Service

How to Successfully Build Resilience in Children & Youth

Jodie Moffatt, Community Outreach Worker

Wednesday April 18, 2018

6:30 pm - 8:30 pm

Sign in: 6:15pm

Ralph McCall Elementary School
1505 1 Ave, Airdrie

Session is FREE
of charge/
Parking fees
may apply

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955 - 4747

This presentation is suitable for anyone wanting to learn how to foster resiliency in children and youth. This presentation explains resiliency, the benefits, the risk factors, and how to build resilient children and youth.

Level I: This session presents an overview of resiliency and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with [RVS- MHC B Stepping Stones to Mental Health & Closer to Home Community Services](#).