

# Community Education Service

## Parenting in 2018: Meeting New Challenges with some Tried and True Tips and Tricks

Presented by: **Katherine Jarrell MSW, RSW**

**April 26, 2018**

**6:30 pm - 8:00 pm**

**Sign in: 6:15pm**

**Our Lady of the Rosary School**

41 Cranston Gate SE, Calgary

Session is FREE  
of charge/  
Parking fees  
may apply

Register: <http://community.hmhc.ca/>

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955 - 4747

Join AHS Clinical Consultant Katherine Jarrell as she shares a parenting perspective that she has found helpful both personally and professionally. Katherine will share some strategies to deal with common parenting concerns, and resources to further support you.

Come prepared to laugh and learn!  
Leave with more confidence and tools in your toolbox.

**Level I:** This session presents an overview of common parenting concerns and tools to navigate them and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services.