

# Community Education Service

## Parenting After Separation

Presenter: Heidi Apolonia, B.A., RFM, CAP,  
KidsFirst Resolution

May 15, 2018

6:30 pm - 8:30 pm

Sign in: 6:15pm

Ralph McCall Elementary School

1505 1 Ave NW, Airdrie

Session is FREE  
of charge/  
Parking fees  
may apply

Register: <http://community.hmhc.ca/>

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955 - 4747

This session will offer information to parents about the separation and divorce process, the effects of separation and divorce on their children, techniques for communication and legal information that affects parents and children.

Topics will include:

Children Can Cope with Separation and Divorce – Put your children FIRST  
Learning Your Way Around the Legal System  
Parenting Plans That Work for Your Family

**Level I:** This session presents an overview of parenting after separation and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services & KidsFirst Resolution.