

Community Education Service

Circle of Security Parenting: Building Secure Attachment

Presenter: Jan McInnis, RSW

May 31, 2018

7:00 pm - 8:00 pm

Sign in: 6:45pm

Hillhurst Sunnyside Community Association

1320 5 Ave NW, Calgary

Session is FREE
of charge/Free
parking is
available.
Childcare is
available at the
centre if space
available for a
fee. Contact
403-270-9703
to RSVP for

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955 - 4747

What does my child need from me?

How can I support my child's independence?

Why do some of my child's behaviours affect me so much?

Can parenting be less stressful?

The Circle of Security Parenting Program answers these and many other parenting questions. It is an attachment based early intervention program designed to enhance attachment security between parents and children.

This presentation is designed to give parents an understanding of the goals of the program, help parents to make sense of their child's behaviours, learn strategies to support secure attachment with their children and make parenting less stressful.

Level I: This session presents an overview of the circle of security parenting program and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Service and in partnership with Circle of Security Parenting Program.