

Community Education Service

Concussions: 101 Heading In The Right Direction

Presented By: Dr. Aaron Todd D.C.

Chiropractor, Father and Coach; Concussion Assessment and Management Certification
Developer of the Concussion Policies and Protocols for the Cochrane Minor Hockey Association

September 20, 2018

6:30 pm - 8:00 pm

Sign in: 6:15pm

**Cochrane Community Health Centre
60 Grande Blvd, Cochrane**

Session is FREE
of charge/
Parking fees
may apply

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955 - 4747

"So what's the deal with concussions?

It's just a little bump to the head.....right?"

Would you know what to look for if your kid sustained a concussion?

Would you know what to do?

Participants are provided with the most current information on the importance of recognising and properly managing this invisible injury. Whether a parent, volunteer coach, athlete or health care professional... participants will leave feeling empowered in their ability recognise the signs and symptoms, and know what to do when a concussion is suspected. Further discussion surrounding resources and help available for those who are experiencing the long term effects of post-concussion syndrome.

Level I: This session presents an overview of what is a concussion, and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the
Child and Adolescent Addiction, Mental Health and Psychiatry Program
(CAAMHPP) of Alberta Health Services.