

Community Education Service

Taming Toddler Tantrums

Laurie Florence, Senior Facilitator,
Families Matter

October 15, 2018

6:30 pm - 8:30 pm

Sign in: 6:15pm

Family Connections Parent Link—Huntington Hills
520 78 Ave NW—Top Floor

Session is
FREE of
charge/
Parking
fees may
apply

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955 - 4747

Ever wondered how to break through a toddler meltdown? This presentation will help you gain an understanding of toddler emotions and how to tame the tantrums that go with it. You will also learn techniques and tips on how to prevent them, how you can handle these strong emotions and also teach toddlers better ways to express them. Covers 1-4 years of age.

Level I: This session presents an overview of toddler tantrums and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.