

# Community Education Service

## Anxiety and its Associated Consequences During Childhood and Adolescence

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**September 24, 2018**

**6:30 pm - 8:30 pm**

**Sign in: 6:15pm**

**Alberta Children's Hospital**

**Kinsmen Theatre - 4 Flr**

**2888 Shaganappi Tr NW, Calgary**

Session is FREE  
of charge/  
Parking fees  
may apply

Register: <http://community.hmhc.ca/>

For more information: email [ces@hs.ca](mailto:ces@hs.ca) or call (403) 955 - 4747

Among school aged children and youth, fear and anxiety are common emotions. Although many children experience healthy anxiety, some experience disproportionately higher anxiety in relation to their context (e.g., separation anxiety) and/or developmental age. This presentation will explain the nature, cause, and developmental course of anxiety disorders as well as explore the predictive nature of poor social relationships on anxiety symptoms. Information will be provided on how parents and professionals can support children with anxiety. Part 2 on November 13, 2018.

**Level I:** This session presents an overview of anxiety and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.