

Community Education Service



Positive Parenting through Adolescence: Boundaries, Modelling, and Emotional Coaching for Teenagers

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Thursday, November 22, 2018

6:30 - 8:00 pm

Sign in: 6:15pm

Monsignor J.J. O'Brien School
99 Bridlewood Road SW

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955-4747

Participants can expect to learn:

- ♦ How psychologists, doctors, and other health professionals study and intervene around areas of adolescent behavior and emotional responses
- ♦ How parents and teachers can use their own interactions to coach teenagers toward positive outcomes and results
- ♦ Relevant and recent research around brain development with regards to social media, video gaming, and online social interactions

This session is presented by the Community Education Service of the Child & Adolescent Addiction, Mental Health & Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with **Cultivate** and **Monsignor J.J. O'Brien School**