

# Community Education Service FREE WEBINAR



## Sexuality and Diverse Abilities

Presented by: Heather Cobb, B.Sc., PGCE  
Sexual Health Promotion Specialist, AHS

Wednesday, December 5, 2018  
12:00pm – 1:00pm  
(Calgary Time)

Register: <http://community.hmhc.ca/sessions/?p=online>

Are you a parent, caregiver or service provider of a child or teen with diverse abilities? Do you want to learn more about puberty and sexual development, healthy relationships, and personal boundaries? Sexuality is an important part of the overall wellness of all people. This workshop will give you practical tools and strategies to guide your child or teen through puberty and beyond and introduce resources to help build your comfort and skill in working with your child.