

Community Education Service FREE ONLINE SESSION



Video Gaming and Youth

Presenter: **Cheryl Houtekamer, MPH – Program Supervisor,**
Community Health Promotion Services,
Child and Adolescent Addiction and Mental Health, AHS

Register: <http://community.hmhc.ca/sessions/?p=online>

**Session available:
January 1st—February 1st 2019**

Increase your comprehension of videogame culture, including popularity of play in Canada, pros and cons of play and signs of problematic use. Identify strategies to open up conversations at home, within your organization, or in the classroom that raise awareness and help people to make informed decisions.

This session is presented by the Community Education Service of the Child & Adolescent Addiction, Mental Health & Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with Community Health Promotion Services, AHS.