

# Community Education Service

## Asking for a friend: 10 keys for family and friends to respond to youth substance abuse

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**February 13, 2019**

**6:30 pm - 8:30 pm**

**Sign in: 6:15pm**

Genesis Place

800 East Lake Blvd NE, Airdrie

Session is FREE  
of charge/  
Parking fees  
may apply

Register: <http://community.hmhc.ca/>

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955 - 4747

This session will empower you and our community to understand the impact of prescription drug use on our youth, engage you in prevention techniques, how to recognize signs of use and equip you with a simplified conversation guide, how to respond and where to seek support. This session will enable and better support parent and caregivers to more confidently respond to the curious question "just asking for a friend!"

**Level I:** This session presents an overview of prescription drug use and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services & RVS, MHCB Stepping Stones to Mental health.