

Community Education Service

“I Am Still Right Here” Non-Suicidal Self-Injury in Children & Adolescents

Presented by: **Brent Macdonald**, Ph. D., Lead Psychologist
complexlearners.com

March 19, 2019

7:00 pm - 8:30 pm

Sign in: 6:45pm

**Western Canada High School
641 17 Ave SW, Calgary**

Session is FREE
of charge/
Parking fees
may apply

Register: <http://community.hmhc.ca/>

For more information: email ces@ahs.ca or call (403) 955 - 4747

There has been an ongoing increase in the prevalence of children and youth who engage in non-suicidal self-injury (NSSI). It can be very frightening to have a child/ student who engages in NSSI, and adults can often have reactions that don't really help. This session will focus on the types of NSSI, the reasoning behind the behaviour, and some ideas about how parents and teachers can help. We will spend some time on some case studies to provide examples and ample room for Q & A will be provided.

Level I: This session presents an overview of strategies to help youth engaging in NSSI and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with [Western Canada High School](#) and [Macdonald Psychology Group](#).