

# Community Education Service

## Adulthood:

It's harder than it looks! Helping your child with autism be successful after high school – including university and employment

Dr. Katelyn Lowe, Registered Psychologist,  
Sinneave Family Foundation

**March 27, 2019**

**6:30 pm - 8:30 pm**

**Sign in: 6:15pm**

Mitford School

110 Quigley Dr., Cochrane

Session is FREE  
of charge/  
Parking fees  
may apply

Register: <http://community.hmhc.ca/>

For more information: email [ces@ahs.ca](mailto:ces@ahs.ca) or call (403) 955 - 4747

Becoming a legal adult at 18 years in Alberta and graduating from high school are two transition points that can be challenging – even scary for individuals on the Autism Spectrum and their parents. Developing a plan for “life after high school” can help to maximize the chances your child will be successful as they pursue continued education (post-secondary studies) and employment.

This session will support families and provide valuable information about the following topics:

How to create a shared vision for your child's future. Understanding next steps after high school. Managing health and mental health issues in adulthood. Developing pre-employment skills. Legal and financial issues including guardianship and program funding at age 18. Discuss how the Launch Program might support your child as they transition to adulthood.

**Level I:** This session presents an overview of autism and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program

(CAAMHPP) of Alberta Health Services, Sinneave Family Foundation & RVS, MHCB Stepping Stones to Mental health.