

Community Education Service

Optimal Parenting in the First 2000 Days of Life



Dr. Madigan's research centers around the notion that early experience lays the foundation for lifelong growth, learning, and success. Research emerging from her team has been published in the top journals in Psychology and Pediatric Medicine. Her work has been widely covered in the media, including The New York Times, Time, the Globe and Mail, CNN, CBC, Today's Parent, and ABC's Good Morning America. She is also the child development expert for *CTV Morning Live Calgary*, providing monthly segments on topics related to parenting and child development. She is passionate about disseminating research to those interacting with children and youth, and regularly give presentations to parents, caregivers, educators, and health practitioners on central determinants of child and youth development.

April 18, 2019

Session: 11:00 am - 12:30 pm

Sign in: 10:45 am

Alberta Children's Hospital
Kinsmen Learning Centre (4th floor)
2888 Shaganappi Trail NW

Session is **FREE**
of charge/
Parking fees
may apply/
Limited child
care available,
call
(403) 955-2500

****Register: <http://community.hmhc.ca/>****

To request Telehealth/VC or Audioline, please go to our website for more information.

In this presentation, I will provide an overview of the various areas of child development (e.g., physical health, social competence). Evidence shows that some children are not performing as well as others in these areas. I will discuss how engaging in sensitive and responsive forms of parenting can help children develop optimally. We will review video examples to illustrate when parenting behavior and communication could be strengthened to optimize child development.