

Community Education Service

Understanding a Child's Pain: What to Do, How to Help

Presented by: **Dr. Torie Carlson**, Psychologist, Alberta Children's Hospital
& **Cathy Smith**, Certified Child Life Specialist, CCLS.

May 15, 2019

Session: 11:00 am - 12:30 pm

Sign in: 10:45 am

Alberta Children's Hospital
Kinsmen Learning Centre (4th floor)
2888 Shaganappi Trail NW

Session is **FREE**
of charge/
Parking fees
may apply/
Limited child
care available,
call
(403) 955-2500

****Register: <http://community.hmhc.ca/>****



To request Telehealth/VC or Audioline, **please click on the video or telephone icons above or** next to the session title on the website for more information on how to register.

This workshop is for parents and caregivers on how to help their child cope positively with painful medical procedures, tests and injuries of childhood. 90 minute session will include a presentation with discussion focusing on how a child's pain is perceived, how to talk to your child about pain, and how to successfully coach them to help themselves to overcome fears and worries associated with medical interventions.

Level I: This session presents an overview of how to help children cope with medical procedures and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

This session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services.