

Community Education Service



Improving emotional health and well being

Problem Behavior

Why Does it Happen and What to Do About It

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Have you wondered why someone uses problem behavior, even when they “know better”? What motivates someone to use problem behavior? In this workshop, participants will learn: a) the simple reasons why people use problem behavior, b) how to determine why someone you know uses problem behavior, and c) a variety of practical strategies to promote the use of more positive behavior. This workshop is aimed at all developmental levels and will be useful for family, as well as professionals.

Thursday January 9, 2020

6:30 - 8:30 PM

The Ability Hub

Child Development Centre

300, 3820 - 24 Ave NW, Calgary

FREE Learning

Register

<http://community.hmhc.ca/>