

Community Education Service



Improving emotional health and well being

Help! My Child is Struggling in School!

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While school can be a place of excitement for some students who look forward to seeing their friends and learning new things, school can be a place of tremendous anxiety and frustration for others. When kids struggle in school, their self-esteem can be negatively affected. Many of these students start to experience stress, anxiety, frustration, and even anger that results in acting out behaviours that can disrupt their relationships and long-term success if not supported. In this workshop, participants will learn the signs of learning difficulties, different types of learning disabilities, and what to do to help.

FREE Webinar

**Tuesday, December 1, 2020
12:00 - 1:30 PM**

[Register](#)

<https://community.hmhc.ca>