

Community Education Service



Improving emotional health and well being

Suicide Awareness

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Canadian Mental Health Association – Calgary Region

FREE WEBINAR

Objectives of the presentation are to:

- Dispel the myths surrounding suicide while exploring how to help youth with suicidal ideation.
- Learn how to help and where to get more help

December 6, 2021
6:30 PM - 8:00 PM

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This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative Initiatives, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with **CMHA Calgary**.