

# Community Education Service



*Improving emotional health and well being*

## Unraveling the Relationship Between Mind Wandering and Executive Function in Childhood ADHD

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The current study examined the link between mind wandering frequency and its impact on executive function skills in children (ages 8-12) with ADHD. Participants will learn about cognitive abilities useful in understanding and addressing the dynamics of mind wandering in ADHD. Furthermore, the study findings may hold relevance in academic or home settings to help children better regulate their attention.



## FREE SESSION

**April 25<sup>th</sup> , 2024**  
**12:00 PM – 1:30 PM**

[Click here to](#)  
[Register](#)

This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services.

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